

## Clinical Dementia Rating Worksheet

This is a questionnaire which provides a basic set of questions to guide the interview. Please ask all of these questions. Ask any additional questions necessary to determine the subject's CDR. Please note information from the additional questions.

### Memory Questions for Informant:

1. Does he/she have a problem with his/her memory or thinking?  Yes  No
- 1a. If yes, is this a consistent problem (as opposed to inconsistent)?  Yes  No
2. Can he/she recall recent events?  Most of the time  Sometimes  Rarely
3. Can he/she remember a short list of items (market)?  Most of the time  Sometimes  Rarely
4. Has there been some decline in memory during the past year?  Yes  No
5. Is his/her memory affected to such a degree that it would have interfered with his/her activities of daily life a few years ago (or pre-retirement activities)? (Opinion of persons close to the subject)  Yes  No
6. Does he/she completely forget a big event (e.g., trip, party, family wedding) within a few weeks of the event?  Most of the time  Sometimes  Rarely
7. Does he/she forget relevant details of the big event?  Most of the time  Sometimes  Rarely
8. Does he/she completely forget important information from a long time ago (e.g., birthday, wedding date, place of employment)?  Most of the time  Sometimes  Rarely
9. Tell me about some recent event in his/her life that he/she should remember. (For later testing, obtain details such as location of the event, time of day, participants, how long the event was, when it ended and how the subject or other participants got there).

Within 1 week:

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Within 1 month:

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10. When was he/she born? \_\_\_\_\_
11. Where was he/she born? \_\_\_\_\_
12. What was the last school he/she attended? \_\_\_\_\_  
Name \_\_\_\_\_  
Place \_\_\_\_\_  
Highest Level Achieved \_\_\_\_\_
13. What was his/her main occupation/job (or spouse's job if subject was not employed) \_\_\_\_\_
14. What was his/her last major job (or spouse's job if subject was not employed)? \_\_\_\_\_
15. When did he/she (or spouse) retire and why? \_\_\_\_\_

## Clinical Dementia Rating Worksheet

### Orientation Questions for Informant:

How often does he/she know of the exact:

1. Date of the Month?

Most of the time       Sometimes       Rarely       Don't Know

2. Month?

Most of the time       Sometimes       Rarely       Don't Know

3. Year?

Most of the time       Sometimes       Rarely       Don't Know

4. Day of the Week?

Most of the time       Sometimes       Rarely       Don't Know

5. Is he/she disoriented about when things happened in time (when events happened in relation to each other)?

Most of the time       Sometimes       Rarely       Don't Know

6. Can he/she find his/her way around familiar streets?

Most of the time       Sometimes       Rarely       Don't Know

7. How often does he/she know how to go from one place to another outside his/her neighborhood?

Most of the time       Sometimes       Rarely       Don't Know

8. How often can he/she find his/her way inside a familiar place?

Most of the time       Sometimes       Rarely       Don't Know

## Clinical Dementia Rating Worksheet

### Judgment and Problem Solving Questions for Informant:

1. In general, if you were to rate his/her abilities to solve problems at the present time, would you consider them:

- As good as they were before
- Good, but not as good as before
- Fair
- Poor
- No ability at all

2. Rate his/her ability to handle small sums of money (e.g., make change, computing the price when buying food items (like meat or fish) per kilo):

- No loss
- Some loss
- Severe loss

3. Rate his/her ability to take care (properly) of the financial situation (e.g., manage a budget, pay bills):

- No loss
- Some loss
- Severe loss

4. Can he/she handle a household emergency (e.g., plumbing leak, small fire)?

- As well as before
- Worse than before because of difficulty in thinking
- Worse than before, another reason (why) \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

5. Can he/she understand situations or explanations?

- Most of the time    Sometimes    Rarely    Don't Know

6. Does he/she behave\* appropriately [i.e., in his/her usual manner (before his/ her severe state)] in social situations and interactions with other people?

- Most of the time    Sometimes    Rarely    Don't Know

\*This item rates behavior, not appearance.

## Clinical Dementia Rating Worksheet

### Community Involvement Questions for Informant:

#### Work

1. Is the subject still working?  Yes  No  N/A  
 If not applicable, go to item 4  
 If yes, go to item 3  
 If no, go to item 2
2. Did memory or thinking problems contribute to the subject's decision to retire? (Question 4 is next)  Yes  No  D/K
3. Does the subject have significant difficulty in his/her job because of problems with memory or thinking?  
 Rarely or Never     Sometimes     Most of the time     Don't Know

#### Social

4. Did he/she ever drive a car?  Yes  No  
 Does she/ he drive a car now?  Yes  No  
 If no, is this because of memory or thinking problems?  Yes  No
5. If he/she is still driving, are there problems or risks because of poor thinking?  Yes  No
- \*6. Is he/she able to go to market alone for needs?  
 Rarely or Never (Needs to be accompanied on any errand to the market)     Sometimes (Buys a limited number of items; buys two of each items or forgets needed items)     Most of the time     Don't Know
7. Is he/she able to do activities alone outside the home?  
 Rarely or Never (Generally unable to perform activities without help)     Sometimes (Limited and/or routine, e.g., no active participation in church or meetings; goes to sari-sari store)     Most of the time (Meaningful participation in activities, e.g., voting)     Don't Know
8. Is he/she taken to social activities outside a family home?  Yes  No  
 If no, why not? \_\_\_\_\_
9. Would another person watching the subject's behavior think the subject was ill?  Yes  No
10. If in nursing home, does he/she participate actively in social activities? (being aware)?  Yes  No

#### IMPORTANT:

Is there enough information available to rate the subject's level of difficulty in community involvement?

**If not, please ask further.**

Community Involvement: Such as religious activities, visiting with friends or family, political activities, professional organizations such as bar association, other professional groups, social clubs, civic organizations, educational programs.

\_\_\_\_\_  
**\*Please add notes if needed to clarify subject's level of participation in this area.**

## Clinical Dementia Rating Worksheet

### Questions on Home and Hobbies for Informant:

1a. What changes have occurred in his/her abilities to perform household chores? \_\_\_\_\_  
\_\_\_\_\_

1b. What can he/she still do well? \_\_\_\_\_  
\_\_\_\_\_

2a. What changes have occurred in his/her abilities to perform hobbies? \_\_\_\_\_  
\_\_\_\_\_

2b. What can he/she still do well? \_\_\_\_\_  
\_\_\_\_\_

3. If in nursing home, what can he/she no longer do well (Household and Hobbies)? \_\_\_\_\_  
\_\_\_\_\_

### Everyday Activities (Blessed):

	No Loss		Severe Loss
4. Ability to perform household tasks	0	0.5	1

Please describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Is he/she able to perform household chores at the level of:  
(Choose one. Informant does not need to be asked directly).

- Very limited performance in doing tasks.  
(Performs simple activities, such as sweeping the floor, only with much supervision)
- Performs tasks in limited activities only.  
(With some supervision, washes dishes with acceptable cleanliness; sets table)
- Performs tasks independently in some activities.  
(Operates appliances, such as a radio; prepares simple meals)
- Performs tasks in usual activities but not at usual level.
- Normal performance in usual activities.

### IMPORTANT:

Is there enough information available to rate the subject's level of difficulty in HOME & HOBBIES?

**If not, please ask further.**

Household Tasks: Such as cooking, laundry, cleaning, buying things in a grocery store, throwing the garbage, yard work, simple care maintenance, and basic home repair.

Hobbies: Sewing, painting, handicrafts, reading, entertaining, photography, gardening, watching movies or concerts, simple carpentry, participation in sports.

## Clinical Dementia Rating Worksheet

### Personal Care Questions for Informant:

\*What is your assessment of his/her mental ability in the following areas:

	Without assistance	Occasionally misplaced buttons, etc.	Wrong sequence commonly forgotten items	Unable to dress
A. Dressing (Blessed)	0	1	2	3
	Without assistance	Needs encouragement	Sometimes needs help	Always or nearly always needs help
B. Taking a bath, grooming	0	1	2	3
	Cleanly; proper utensils	Messily; spoon/uses hands	Simple solids	Has to be fed completely
C. Eating habits	0	1	2	3
	Normal complete control	Occasionally wets bed	Frequently wets bed	Doubly incontinent
D. Control of bladder and bowel (Blessed)	0	1	2	3

\* A box-score of 1 can be considered if the subject's personal care is worse than before from a previous level, even if they do not receive encouragement.

## Clinical Dementia Rating Worksheet

### Memory Questions for Subject:

1. Do you have problems with memory or thinking?  Yes  No
2. A few moments ago your (spouse, etc.) told me a few recent experiences you had. Will you tell me something about those? (Remind about details, if needed such as location of the event, time of day, participants, how long the event was, when it ended and how the subject or other participants got there).

Within 1 week

1.0 – Mostly correct \_\_\_\_\_

0.5 \_\_\_\_\_

0.0 – Mostly wrong \_\_\_\_\_

Within 1 month

1.0 – Mostly correct \_\_\_\_\_

0.5 \_\_\_\_\_

0.0 – Mostly wrong \_\_\_\_\_

3. I will give you a name and address to remember for a few minutes. Repeat this name and address after me: (Repeat until the phrase is correctly repeated or to a maximum of three trials).

Elements	1	2	3	4	5
	Juan	Santos,	42	Rizal Street,	Pasay City
	Juan	Santos,	42	Rizal Street,	Pasay City
	Juan	Santos,	42	Rizal Street,	Pasay City

(Underline elements repeated correctly in each trial.)

4. When were you born? \_\_\_\_\_
5. Where were you born? \_\_\_\_\_
6. What was the last school you attended?  
Name \_\_\_\_\_  
Place \_\_\_\_\_ Highest Level Achieved \_\_\_\_\_
7. What was your main occupation/ job (or spouse if not employed)? \_\_\_\_\_
8. What was your last major job (or spouse if not employed)? \_\_\_\_\_
9. When did you (or spouse) retire and why? \_\_\_\_\_

10. Repeat the name and address I asked you to remember:

Elements	1	2	3	4	5
	Juan	Santos,	42	Rizal Street,	Pasay City

(Underline elements repeated correctly.)

## Clinical Dementia Rating Worksheet

### Orientation Questions for Subject:

Record the subject's answer verbatim for each question

1. What is the date today?

Correct  Wrong

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2. What day of the week is it?

Correct  Wrong

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3. What is the month?

Correct  Wrong

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4. What is the year?

Correct  Wrong

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5. What is the name of this place?

Correct  Wrong

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6. What town or city are we in?

Correct  Wrong

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7. What time is it?

Correct  Wrong

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8. Does the subject know who the informant is (in your judgment)?

Correct  Wrong

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## Clinical Dementia Rating Worksheet

### Judgment and Problem Solving Questions for Subject:

Instructions: If initial response by subject is not worth a grade 0, ask further to identify the subject's best understanding of the problem. Encircle nearest response.

### Similarities:

Example: "How are a pencil and pen alike? (writing instruments)"

How are these things alike?                      Subject's Response

1. carrots.....cabbage \_\_\_\_\_

(0 = vegetables)

(1 = edible foods, living things, can be cooked, etc.)

(2 = answers not relevant; differences; buy them)

2. shelf.....bookcase \_\_\_\_\_

(0 = furniture, office furniture; both hold books)

(1 = wooden, legs)

(2 = not relevant, differences)

### Differences:

Example: "What is the difference between sugar and vinegar? (sweet vs. sour)"

What is the difference between these things?"

3. lie.....mistake \_\_\_\_\_

(0 = one intentional, one unintentional)

(1 = one bad the other good – or explains only one)

(2 = anything else, similarities)

4. river...canal (lake....dam) \_\_\_\_\_

(0 = natural - man-made)

(2 = anything else)

### Calculations:

5. How many five centavos coins are there in one peso?                       Correct  Wrong

6. How many twenty five centavo coins are there in Php 6.75?                       Correct  Wrong

7. Subtract 3 from 20 and keep subtracting 3 from each new number all the way down.                       Correct  Wrong

### Judgment:

8. Upon arriving in an unfamiliar city, how would you locate a friend that you wished to see?

(0 = try the telephone directory, go to the barangay captain; call a mutual friend)

(1 = ask the police, call operator (most of the time they will not give address))

(2 = no clear response)

9. Subject's assessment of difficulty and abilities in life and understanding of why he/she is present at the examination (perhaps already mentioned, but make your own judgment here):

Good Understanding     Partial Understanding     Little Understanding

## CLINICAL DEMENTIA RATING (CDR)

<b>CLINICAL DEMENTIA RATING (CDR):</b>	<b>0</b>	<b>0.5</b>	<b>1</b>	<b>2</b>	<b>3</b>
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	Impairment				
	None 0	Questionable 0.5	Mild 1	Moderate 2	Severe 3
Memory	No memory loss or slight inconsistent forgetfulness	Consistent slight forgetfulness; partially remembers events; "mild" forgetfulness	Moderate memory loss; more obvious for recent events; defect interferes with everyday activities	Severe memory loss; only highly learned information retained; new information rapidly lost	Severe memory loss; only fragments remain
Orientation	Fully orientated	Fully oriented except for slight difficulty with time relationships	Moderate difficulty with time relationships; oriented for place at examination; may have geographic disorientation elsewhere	Severe difficulty with time relationships; usually disoriented to time, often to place	Oriented to person only
Judgment & Problem Solving	Solves everyday problems & handles business & financial affairs well; judgment good in relation to past performance	Slight difficulty in solving problems, similarities, and differences	Moderate difficulty in handling problems, similarities, and differences; social judgment maintained most of the time	Severely affected in handling problems, similarities, and differences; social judgment most of the time affected	Unable to make judgments or solve problems
Community Involvement	Independent performance at usual level in job, buying, volunteer and social groups	Slight difficulty in these activities	Unable to perform independently at these activities although may still be engaged in some; appears normal to casual inspection	No pretense of independent performance outside home Appears well enough to be taken to gatherings outside a family home	Appears too ill to be taken to gatherings outside a family home
Home and Hobbies	Life at home, hobbies, and intellectual interests well maintained	Life at home, hobbies, and intellectual interests slightly affected	Mild but definite difficulty of performance at home; more difficult chores not performed anymore; more complicated hobbies and interests ignored	Only simple chores performed; very limited interests, poorly maintained	No significant performance at home
Personal Care	Fully capable of self-care		Needs encouraging	Requires assistance in dressing, hygiene, keeping of personal effects	Requires much help with personal care; frequent incontinence

Score only as decline from previous usual level due to cognitive loss, not in difficulty due to other factors.